



Children and Adolescents with ADHD: An Introduction

VIRTUAL CAREGIVER SESSION

Tuesday, April 21 2020

These **free sessions** are intended to provide parents, caregivers, teachers, and community members with basic information about addiction and mental health challenges that can impact children and youth.

*Focus is on caregivers of kids and teens
(Grades K-12)*

Attention Deficit Hyperactivity Disorder (ADHD) is one of the most common mental health conditions diagnosed in children. Come and learn about the signs and symptoms of ADHD, ways that ADHD impacts academic achievement, self worth, and relationships. You will leave with a better understanding of the impacts of ADHD on children and adolescents.

Please note that this session is an introduction to ADHD. For further learning on strategies to support children and adolescents with ADHD, we suggest taking our upcoming sessions on Executive Functioning (Helping Your Child Succeed in School), Self-Regulation, or Technology and the Teenage Brain.

Date: Tuesday, April 21, 2020

Location: Online via Zoom app

Time: 6:00 pm - 6:40 pm

Notes: This session is for adults only



**Registration is required!
Register at**

www.cyfcaregivereducation.ca

Virtual Delivery Information:

These free sessions are offered using an encrypted version of the online video conferencing application Zoom. **Registrants will receive a private link two business days prior to the session.** If you have not already downloaded the free Zoom app onto your device, it will ask you to do so when you click the link. We recommend allotting about 10 minutes before the session for the downloading process.

For more information, contact:
CYFCaregiverEducation@ahs.ca

Caregiver Education Series



Alberta Health
Services

Children, Youth & Families
Addiction & Mental Health