Home Based School

April 2025



A Message from Principal Holbrow

There are many aspects to our daily lives that we know are important, but we don't always recognize how important until something significant happens to remind us. The job action taken by

our support staff was that incredible reminder. We missed our support staff for the month that they were on strike. We thought we knew how much we relied on them before they went away, but we learned quickly that we needed them even more. Each of them does so much to allow our teachers to focus on their jobs.

It seemed very fitting that we welcomed our team back to work on the first day of Spring. Congratulations to our team who fought for

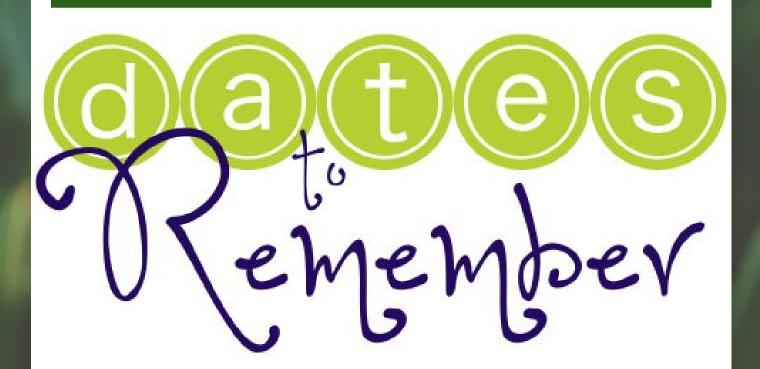


something better and got it. More importantly, thank you to both sides for not taking discussion and decisions personally, and remembering that we are all working together for the best outcome for all.

We all want to make the experience for all students as positive as possible, so it is good to know that your child is back to having the educational supports we can offer. As always, please let us know if you have any questions or concerns, or even let us know how grateful you are to have our EAs and secretaries back in the school.

Mr. Holbrow

Principal



Put This On Your Calendar...

March 31 - SPRING BREAK - No School

April 7 - Welcome back from Spring Break

April 18 - No School - Good Friday

April 21 - No School - Easter Monday

April 22 - PD Day - No School for students

April 24 - HBS Special Event @1:00 - 2:30 pm

May 16 - PD Day - No School for students

May 19 - No School - Victoria Day

HBS Special Events!

Our March Special Event was a BLAST! Kids created some beautiful fused glass art. The pieces turned out lovely! When they come back from the kiln, we will contact families to come and pick them up!





















April Event - Wood Project - Make your very own Bee House Thursday, April 24, 1:00-2:30

Why are bees so important? What can we do to protect them? Students will be buzzing with excitement as they assemble their very own bee house to take home!

*Students will use a water-resistant wood glue as a fastener for their project. Nails and/or screws will be sent home to reinforce the project.



Want to make one of your own? Sign up here: https://forms.gle/iKYcVUGfcHqweUxY8





Teacher Directed Learning

Teacher Directed Moodle Classroom

We will be utilizing our Moodle Capacity this year. Students and parents are required to watch the Moodle Tutorial video below. Please familiarize yourself with the video. The Moodle Site can only be access with the student's Blackgold account. It is the same log-in credentials that you use to check your Blackgold email (same username and password). You can access all of your materials digitally, watch video tutorials, and scan in your work all by using Moodle.

Website https://moodle.blackgold.ca/. We will also be requesting that work submitted digitally (scanned or pdfs) be uploaded through the Moodle dropboxes. Instructions are found in each Moodle course. Please don't hesitate to ask for help!

How to use Moodle to Submit your Assignments.

First, download a free version of Adobe Scan free from the App Store. Watch a quick tutorial here: <u>Adobe Scan Tutorial</u>

Then, go to your Black Gold Moodle at: https://moodle.blackgold.ca/

Log in with your BGSD login and password.

Here is a quick tutorial to watch: Moodle Video

Remember, we have already added you to your classes. If you are missing a class, email Mrs.

Melnyk at: tracy.melnyk@gshare.blackgold.ca

You will be looking for the "Dropboxes" in the menu. That is where you will upload your assignments.

For example, "Assignment 1A" goes in the "Assignment 1A Dropbox".

PLEASE MAKE SURE YOU ARE UPLOADING THE CORRECT ASSIGNMENT IN THE CORRECT DROPBOX

Please note Mrs. Melnyk will enroll you in the courses - you are NOT required to self enroll - ignore that part in the video.

Health & Wellness



Self Care for Kids

When we think about self-care, we mostly consider what it looks like for adults. However, prioritizing overall health and happiness is important for children too. Whether it's practicing good hygiene or learning to do basic tasks for themselves, self-care teaches kids emotional regulation and resilience, and reinforces positive behavior at all stages of development. Plus, its benefits extend far beyond childhood. Teaching children to take care of their physical, emotional, and mental wellbeing can help them grow into healthy, happy adults.

What is self-care for kids?

Self-care for kids is all about building routines that teach them to prioritize their wellbeing. This means engaging in activities and establishing habits that help your children maintain their physical, emotional, and mental health. By starting these self-care practices early, children learn how to value and take care of themselves as they develop into <u>balanced and resilient people</u>.

Physical self-care: This includes exercising regularly, practicing good hygiene by brushing their teeth and washing their hands, and maintaining a balanced diet. Encouraging children to participate in sports, play outside, and eat nutritious foods are fundamental aspects of physical self-care.

Emotional self-care: Helping kids <u>identify their feelings</u> and open up about them supports their emotional development and <u>reduces stress and anxiety</u>. Emotional self-care might involve activities like <u>journaling</u>, talking about their emotions, and engaging in creative expression through art or music.

Mental self-care: Mental self-care includes reading, engaging in hobbies, and practicing mindfulness or <u>meditation</u>. These activities help kids develop concentration, improve their problem-solving skills, and maintain mental wellbeing.

Examples of Self Care for Kids

School-aged children (ages 6–9)

- Setting aside time for homework and reading
- Participating in organized sports or playing outside
- Practicing basic cooking skills, such as making a sandwich

Pre-teens (ages 10-12)

- Making time for schoolwork, hobbies, and social activities
- Developing good hygiene habits, including showering regularly and using deodorant
- Learning to prepare simple meals and snacks



Kickstand

Kickstand Connect is a virtual walk-in clinic for Albertans aged 11-25 (but they said their age range is soft; kids will not be denied if they are older or younger than that). Their services are provided by Alberta-certified providers, and there is NO COST associated with them.

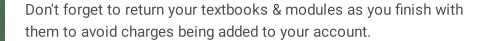


There is NO limit to how many times a kid can access the walk-in services; they will be directed to further support if their needs are more intensive. This program has a TON of connections to other mental health support programs in the province.

https://mykickstand.ca/connect/

Textbook Return

Did you just finish a course? Bring back your books please!



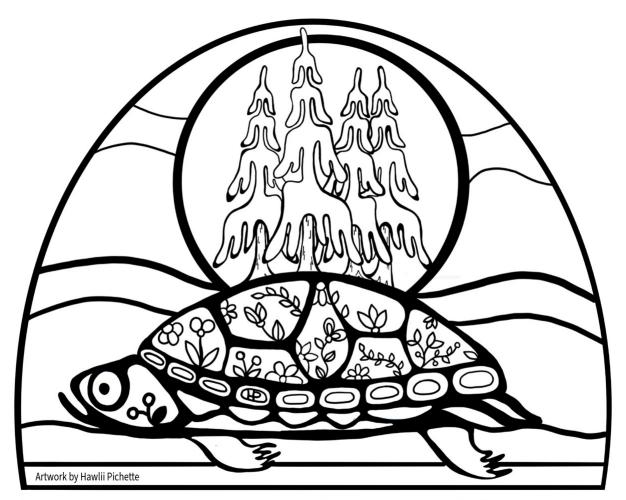


Indigenous News & Education

What does the word "Indigenous" mean?



Here is a fun coloring page for you to try!



More free colouring pages at www.urbaniskwew.com/coloring-pages

1 COMMUNITY EVENTS

Community Events

Challenger Baseball

Beaumont Minor Ball is running a new program this year called Challenger Baseball, see poster below. It is developed and in partnership with the Jays Foundation (Toronto Blue Jays) and is for kids with physical and cognitive disabilities. Prior to rolling out this program, we would have several parents pull out their child from BMBA indicating they didn't want their kids' disabilities to hinder other kids or coaches. This program is to help fill this gap in Beaumont.

BMBA GM



Parent Presentation on Internet Child Safety

BGSD is reaching out to you to inform you about an important presentation on <u>internet child safety</u> taking place on **Tuesday, May 6 from 7:00 p.m. to 9:00 p.m. at École Leduc Estates School.**

Constable Stephanie Bosch (Edmonton Police Service) and Constable Scott Sterling (RCMP) of the Alberta Law Enforcement Response Teams (ALERT) organization's Internet Child Exploitation (ICE) unit will present on the online world that children and teens navigate daily, the risks they may encounter, and practical ways parents can help keep them safe.

This session is an opportunity for parents and guardians to learn about the realities of children's digital use, and emergent online risks. Topics will include:

- An overview of how children tend to use the internet, including popular online platforms
- How online predators tend to abuse these platforms
- Strategies for parents to encourage safe online behavior and open communication with their children

The event is free for attendees. Interested participants are asked to fill out a Google Form before attending. Invitation emails were sent to parents of Grade 4–12 Division students. **This** presentation is intended for adults, but older children (15+) are welcome.

BGSD is grateful to Constable Bosch and Constable Sterling for their efforts to keep parents informed, and for helping children stay safe online.

<u>Beaumont Library Calendar</u> - Art Escapes, Book Clubs, Chess, Teen Resume Help Beaumont Public Library Scavenger Hunt!

Loaner BSRC Family Membership - Want to borrow a family membership for a week? Contact Mrs. Hav at HBS! 780-929-5784

CARC Virtual Webinars (Link) - Free & online!

Leduc City Guide

Leduc Fieldhouse Schedule

<u>Leduc County Calendar</u> - Family Paint Nights, PD Day Hangouts, Family Fun Sports Days, Grief Support

Leduc Library Calendar

Telus World of Science Edmonton - https://telusworldofscienceedmonton.ca/

Royal Tyrrell Museum - link for more info

Leduc County Family Resource Network (FRN)

Leduc County Family Resource Network (FRN) offers permanent drop-in hours at its two facilities, located in Devon and Thorsby.

All families are welcome to drop in and join FRN staff for:

- · coffee and snacks
- · resources and referrals
- monthly prize draws
- free Wi-Fi and computer use
- games and crafts
- programs and supports

FRN facility locations

Devon: 5 Jasper Court in the Old Robina Baker School

• Open Mondays from 2 to 8 p.m.

Thorsby: 4711 48 Ave. in the modular building across from the Arctic Spas Recreation Complex

- Open Tuesdays from 2 to 8 p.m.
- Open Thursdays from 9 a.m. to 4 p.m.

Please note: drop-in hours will be closed when school busses are not running.

For more information, contact Leduc County FRN at 780-979-2385 or frn@leduc-county.com



Board Highlights

December, 2024 / January, 2025

Board Highlights

2025 Board Highlights can be found here: https://www.blackgold.ca/board-highlights
If you cannot access the Board Highlights from the links above, please view them from our website as follows:

- www.blackgold.ca
- Board
- · Board Highlights



February 26, 2025 Board Highlights.pdf

Download

131.3 KB

STAFF DIRECTORY

The HBS Staff Contacts

All general Inquiries, please email: hbs@blackgold.ca

School phone: 780-929-5784

Principal - Mr. David Holbrow - <u>David.Holbrow@gshare.blackgold.ca</u>

Coordinator - Mrs. Tracy Melnyk - tracy.melnyk@gshare.blackgold.ca

Secretary - Mrs. Jennifer Hay - jennifer.hay@gshare.blackgold.ca

Grades 1-6 & Personalized - Mrs. Marla Kniesel - marla.kniesel@gshare.blackgold.ca

Grades 7-9 - Mrs. Kristen Gilchrist - kristen.gilchrist@gshare.blackgold.ca

Curriculum Developer - Mrs. Najibe Kirameddine najibe.kirameddine@gshare.blackgold.ca

Educational Assistant - Mrs. Kiran Shaikh kiran.shaikh@gshare.blackgold.ca



Come Visit Us

Home Based School Website

How to Use Moodle - Tutorial Video

2024-2025 Division School Calendars

School Handbook 2024/25

Home Education Handbook

Parent Directed Reimbursement Information 2024/25

Virtual Open House

Visible Learner when I...

- Show a positive attitude
- Take responsibility for my learning
- Persevere with challenges
- Share what I am learning and why
- Ask questions and seek feedback
- Learn from mistakes
- Understand my next learning step
- Know what to do
 when I don't know what to do
- Support others to learn

The most important thing to know is that I am always learning



Black Gold Home-Based School

Our Schools • Your Children • The Future



Mission Statement

Black Gold is a leading school division in creating innovative programming to inspire and create success for students. Black Gold Home-Based School is committed to providing flexible learning options so every student can achieve. Home-Based education choices work in cooperation with students, parents and Black Gold Schools to ensure quality program planning and transition. Home-Based School provides opportunities for Parent-



Directed or Teacher-Directed programs and is respectful of parent choice and collaboration. We believe to achieve their full potential, children must be the center of all decisions related to learning and provide course work online or in print in a variety of environments. Home-Based education allows for a personalized learning opportunity for students who require flexibility.



Tracy Melnyk

Tracy is using Smore to create beautiful newsletters

